

RR Comments: Edward Snowden's Documents

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Fred

You have asked me to look at the following documents concerning Edward Snowden and comment on them in light of my own experiences:

https://www.eff.org/files/2014/04/09/20140224-intercept-training_for_covert_online_operations.pdf

<http://www.nbcnews.com/news/investigations/snowden-docs-british-spies-used-sex-dirty-tricks-n23091>

http://msnbcmedia.msn.com/i/msnbc/sections/news/snowden_cyber_offensive1_nbc_document.pdf

http://msnbcmedia.msn.com/i/msnbc/sections/news/snowden_cyber_offensive2_nbc_document.pdf

http://msnbcmedia.msn.com/i/msnbc/sections/news/snowden_anonymous_nbc_document.pdf

http://msnbcmedia.msn.com/i/msnbc/Sections/NEWS/snowden_youtube_nbc_document.pdf

<https://firstlook.org/theintercept/2014/02/24/jtrig-manipulation/>

The first thing that struck me was the obvious. Edward Snowden's expertise is indeed in the computer / signals side of the security and intelligence world and naturally that is the area that the (above) documents concentrate on. And yet even the wording used in these documents suggests that there is more to it all than just the "computer" side of the Spy business.

These documents continuously refer to the objective as being some combination of the 6 Ds (see below) that go beyond just computers and technology. Nevertheless I have largely restricted my comments to my experiences with abuses by the security / intelligence industry that relate to computers, emails, telephone, communications in general.

The second thing that struck me was the international nature of the abuses described. Throughout the documents there is continuous reference to sharing much of the information with the other "five eyes". Indeed a reference to the 5-eyes is at the bottom of almost every slide. In my own case the abuses occurred in both Canada (where they started) and the UK, and it is clear that we are talking about one conspiracy affecting two countries rather than two separate conspiracies.

The six "D"s

I have referred to this process in my own Papers as "Zersetzen" since what is being described are "techniques" that were once associated only with former East Bloc countries, and "Zersetzen" was the title on the first case study that I came across: ZERSETZEN by Sandra Pingel-Schliemann (see my paper: "Zersetzen: 25 Precedents"), as well as being the terminology used by the UK's "The Sunday Times" in their article "Lies, Threats and Whistleblowers". Of course the word may not have legal connotations in Canada or elsewhere, but that is surely what this is all about since none of this stuff is legal.

Wording used in the above documents to describe the **objectives** of the **techniques** outlined include: to

- "create **cognitive stress**"
- "create **physiological stress**"
- "create affective stress".

It would be hard to think of additional forms of stress beyond the three **objectives** described above.

What we are seeing in these documents are a part of a process that is designed to cause severe and prolonged suffering. The other (non-computer) techniques are carried out in tandem by the normal Spy agencies, since it would be difficult for an organization like GCHQ (in UK) to achieve these objectives without a parallel program from its sister Spy agencies - MI5 or MI6. Nor are the techniques described in the documentation, to obtain these (above) objectives, those normally associated with an intelligence gathering / security exercise since they include **techniques designed to:**

- **"Diffuse"**
- **"Destroy"**
- **"Deny"**

- "Disrupt"
- "Deceive"
- "Discredit"

For example: Using *techniques* designed to "Destroy" and "Disrupt" [their victim] with the ultimate objective of creating "physiological stress" (i.e. threatening the basic building blocks of their victim's life), as some of these documents describe, is about persecution and has nothing to do with legitimate security or intelligence gathering. The techniques referred to in these documents (dirty tricks, etc.) are **not the techniques of a normal Spy agency but the techniques of a Secret Police.**

And International - Five Eyes and the D's

Nor is this the first time that such terminology (see 6 D's above) has been used in intelligence documentation to describe persecution techniques.

- **In the US years ago, the Church Committee** of the United States Senate described Cointelpro as "Covert action designed to **disrupt and discredit**", going on to describe activities that include *intimidation, harassment, threats* and concluding that "Covert action programs have been used to **disrupt** the lawful political activities of individual Americans and groups and to **discredit** them, using dangerous and degrading tactics which are abhorrent in a free and decent society"
- **In Canada** on May 29, 2006, before the Parliamentary "Standing Committee on National Security and Defence", Mr. Jack Hooper, then Deputy Director (Operations), Canadian Security Intelligence Service (CSIS) describing a particular case stated:

*"The Crown advised that there was not sufficient evidence to proceed with charges and the law enforcement community moved quickly into a **diffuse-and-disrupt** mode." Mr. Hooper went on to say "At the end of the day, if prosecution is not viable, there are other techniques".*

Indeed the terminology "**D and D**" has been referred to in the Canadian mainstream press as a CSIS technique, and CSIS (amongst themselves) are reported to use this terminology "D and D" when describing a program designed to intimidate and harass citizens. Even the Globe and Mail published an article on "D and D" stating "lacking a case, CSIS disrupted suspects life"

- **In the UK**, As the narrative in Glenn Greenwald's article - "How Covert Agencies Infiltrate the Internet to Manipulate, Deceive, and Destroy Reputations" states:

"The title page of one of these documents reflects the agency's own awareness that it is "pushing the boundaries" by using "cyber offensive" techniques against people who have nothing to do with terrorism or national security threats" and refers to:

"Extreme tactics of deception and reputation-destruction"

The article shows that GCHQ's "dirty tricks" unit is called JTRIG. I believe its parallel operation, MI6, calls its "dirty tricks" unit IOPS.

The document: Inside the mind of Edward Snowden quotes - "the agency's (JTRIG) role was to **destroy, deny, degrade [and] disrupt** enemies by **discrediting** them, planting misinformation and shutting down their communications"

And again in the documentation, as outlined in the extract below, we have GCHQ in a slide referring to 4 of the D's and the "five eyes" countries.



Joining up with 5 eyes where possible:


NBC NEWS INVESTIGATIONS investigations.nbcnews.com

UK TOP SECRET STRAP1

Future?

Formalising Tradecraft for Analysts:

"What SIGDEV needs to be done prior to starting an Effects operation?"



Joining up with 5 EYES where possible (cyber development)

████████████████████

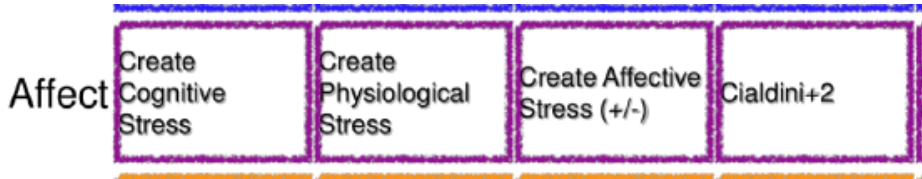
SIP and VoIP Effects – Denial of Service, Psychological Operations

Provide the defensive advice from the offensive perspective

This information is exempt under the Freedom of Information Act 2000 (FOIA) and may be exempt under other UK information legislation. Refer any FOIA queries to GCHQ

Gambits for Deception - The affects GCHQ wants to achieve

And under the heading "Gambits for Deception", the article includes this GCHQ slide that outlines what GCHQ thinks the affect of their persecution program will be.



Does anybody seriously doubt that if GCHQ's successfully achieved their stated objective of creating **Cognitive Stress + Physiological Stress + Affective Stress** that in the process they would also destroy the targeted individual by ruining his live? This is the objective of a Gestapo. It is very nasty stuff!

Indeed to achieve these appalling objectives GCHQ has to carry-out its persecution program **in parallel with a program of intimidation, harassment and threats by its partners in MI5 or MI6**, which is indeed what happens. These agencies work together with each other and with their international partners all the time. Their ultimate objective is to poison every part of their victims' lives. These targeted victims have been denied due process and the rule of law and, in many cases, are completely innocent citizens. Indeed innocent citizens are usually the most heavily persecuted since the Spy agencies know that their stories of persecution would, if allowed to surface, put these agencies in a very bad light.

Cyber Offensive Session: Pushing the Boundaries and Action Against Hacktivism

NAME REDACTED – Serious Crime Effects, GCHQ

NAME REDACTED – JTRIG, GCHQ



TOP SECRET//COMINT//REL AUS/CAN/NZ/UK/US

As JTRIG itself states (above), they are "Pushing the Boundaries". Indeed as they well know they have broken through the Boundaries and are well into the territory of a Stasi or a Gestapo.

My own Experiences - Computer / Telecommunications / Internet / Email disruption and harassment

NBC Summarizes the GCHQ program on a slide as follows.

The image shows a slide from NBC News Investigations. At the top left is the NBC News logo and the text "NBC NEWS INVESTIGATIONS" in a dark blue box, followed by the website "investigations.nbcnews.com". Below this, in a smaller font, is "UK TOP SECRET STRAP1". The main title of the slide is "Disruption / CNA" in a large, bold, grey font. To the left of a central photograph is a bulleted list: "• Masquerades", "• Spoofing", "• Denial of service", with sub-bullets under "Denial of service": "– Phones", "– Emails", "– Computers", and "– Faxes". The central photograph shows a cluttered desk with a computer monitor, keyboard, and various papers. On the wall behind the desk is a colorful abstract painting. At the bottom of the slide, there is a small line of text: "This information is exempt under the Freedom of Information Act 2000 (FOIA) and may be exempt under other UK information legislation. Refer any FOIA queries to GCHQ on [redacted]".

My wife and I have experienced nearly all of the areas discussed in the documentation (and much more) as victims of an ongoing Zersetzen program being carried out against us in the UK and Canada. Rather than reiterate our experiences in detail, may I refer you to the Paper ("Russell Zersetzen") that I wrote on this matter. You already have it and the latest version of this Paper can be accessed on this web site:

<http://zersetzen.wikispaces.com>

The references in the following commentary refer to pages/chapter headings in this Paper ("Russell Zersetzen"), unless otherwise stated. You can also see these references listed on the index on the first page.

It is routine that targets of the intelligence / security agencies have all of their communications (Mail, Email, Telephone) effectively controlled. Telephone calls are tapped - and listened into - letters are intercepted and read, and also email. But it goes far beyond tapping - calls are interfered with, or cut off; some emails don't go where they are sent, and some letters are not delivered.

Phones:

Our phones in both the UK and Canada are not only tapped (and we can prove it) and incoming calls controlled, but the phones are also used to harass us.

The Spy agencies in the UK and Canada operate what's known as "Interception Centers".

They have an understanding with the telephone companies so that all incoming and outgoing calls to/from one's lines are routed through an "interception center" - where they can control their victim's phone lines as well as listen in. I was told about these centers by the late Malcolm Kennedy who got one of MI5's UK employees to admit the existence of these centers, got the admission on tape and presented the facts to the UK Parliament.

We know that many incoming calls to us have just not got through.

Incoming callers that CSIS/MI*s don't want us to receive have:

- Been told that our telephone is discontinued
- Been answered by a busy signal, a fax tone, or sent to a bogus voicemail.

Sometimes the line is used to harass:

- Our voicemail is suddenly obliterated or some messages lost.
- Clicking / Interference / cut off is used to intimidate when certain subjects are discussed
- Numerous calls to me with nobody answering on the other end of the line

A relative who phoned regularly could only get through on the 3rd call each time he phoned (they were harassing him).

Actual examples of all of the above issues (and more) are included in my paper (**Ref: J & J1 on "Russell Zersetzen"**). Numerous telephone incidents are listed on J1 - also see Ref:C3)

Emails:

In 2009 an email account was obliterated with 2,000 emails, some evidentiary, being lost. (**Ref: G**)

And again on March 3, 2012, my email account "clyn2der" was hacked into, and my contact list obliterated. Unlike the previous hacking (12/9/09) of one of my email accounts, my messages were not obliterated.

We also know that:

- All our incoming and outgoing emails are read
- Many of our emails do not reach their destination

From time to time our emails have been messed around with, or resorted, or access denied, so that we know it.

For more details on "Computer Spying and Email Interference" (**Ref J2** - Numerous Incidents are listed here)

Internet / Computer Intrusions:

In my paper I provide examples of computer hacking and intrusions - where my database was hacked into - whose purpose was to change URLs that I was using so that when others clicked on them they wouldn't work. This involved sophisticated hacking. In each case my computer was hacked into and critical information interfered with or changed. In one case the change was made manually, in a second case a sophisticated computer algorithm was used; and in a third and fourth case, the change was to erroneously adjust information (relating to me) that was on other peoples' web sites. Four examples are given (**Ref: G1**).

There have also been nasty Smears put on the internet. They include:

- Smearing: i.e. a "suicide smear" (**Ref: G2**), and dozens (probably hundreds) of other insults on blogs - I have retained about 50 of them in my files.
- Threats such as the statement on a blog - "For egging on Roderick Russell, if someone horribly happens to him or someone around him, you'll own part of it. And you won't care." etc. (**Ref: G**). Indeed people (strangers) who supported me on blogs have also been threatened.

Hacking used to harass: Other intrusions where my computer is hacked into and basically taken over. For example: unusual spacing games messing documents up so that spaces would appear where they shouldn't, or font sizes changed to make them too big, or too small, or paragraphs changed and rotated 90 ° or phrases deleted as if there was another keyboard operating in the background. Also hacking into word (and other programs) to make it inoperative, so that one could neither open a new

word file, or save an already opened word file (**Ref: B2, C3, G, G1, J**)

Hacking used to threaten: My computer hacked into and my start up screen replaced with a satanic looking one, or with one where the message "house of tears" comes up on the screen and runs across it....and so much more

For more details on "Computer Spying and Email Interference" (**Ref J2** - numerous incidents listed)

Computers:

- Spy programs have been discovered that read and transmit my database, or keystrokes
- Three computers have been destroyed, and others so badly messed around with that I had to take them back to their factory settings. In the process the hackers got in behind various commercial anti-virus programs which stopped functioning.
- For more details on "Computer Spying and Email Interference" (**Ref J2** - numerous incidents summarized)

Well over 100 cyber incidents, many corroborated by 3rd parties, are described in the body of this report.

Their objective is to control all of one's communications - email, mail, telephone, etc. - and to use cyber-techniques as another tool of harassment. But they do not work alone - they work in tandem with the normal Spy agencies who conduct a parallel program of surveillance, stalking, intimidation, harassment and threats.

Other:

Other items mentioned in the documentation that I have experience of include:

- Sexual honey traps - There have been two attempts to set up a situation to smear me sexually in Canada; neither succeeded.
- Exploits hotel reservations - I am unaware of this in relation to hotels. However it does seem that my train seat reservations were exploited (SEE **Ref: J1**).
- Spooing / Slandering - GCHQ is accused of using "**extreme tactics of deception and reputations-destruction**" and my own experience is that these evil tactics are indeed extreme. I was slandered / character assassinated by MI5/6 and CSIS to the point that in 25 years I could not find permanent employment in Canada, after leaving Grosvenor, despite having an excellent track record with them and other companies (details in the paper "Russell Zersetzen") regarding both my job performance and integrity. Over these years I applied to thousands of jobs to no avail.

Zersetzen / D and D

GCHQ and its Canadian equivalent are involved in the cyber-world which is their specialization. One must not forget that they are backed by the principal Spy Agencies, MI5 / MI6 in the UK and CSIS in Canada, who are involved in by far the bulk of any harassment program. These other agencies use the same terminology - i.e. disrupt and discredit, etc. - but their contribution is an ongoing program of **surveillance, stalking, intimidation, harassment and threats** which fits with the computer/communications side to form an overall program to disrupt and discredit.

Mr. Snowden's revelations in these documents are only part of the program. *For a description of the full program of Zersetzen / D and D, one just has to look at the relevant chapters in my report ("Russell Zersetzen")*. I would also bring to your attention my other paper "Zersetzen: 25 Precedents" where I discuss the experiences of 25 other victims who include:

- An award winning journalist who was persecuted in the UK and USA.
- An ex-naval intelligence officer who was persecuted in the UK and New Zealand
- Two ex-Canadian intelligence operatives persecuted in Canada and who have written about it.
- And myself in the UK and Canada

The other sides of these persecution programs may not have leaked documentation as with the Snowden leaks, but there is significant combined experience of Zersetzen (including revelations/books from former intelligence operatives) to know what the processes are. The Stasi developed a full set of documentation, and it is amazing how close their process relates to what myself and others have observed (as victims) to be happening in the UK and Canada (indeed throughout the five eyes). And it's a very nasty process too!

For example: I got slandered to the point where I could not earn a living; meanwhile my wife and I were constantly being intimidated, harassed and stalked and our children threatened (just look at "Russell Zersetzen" for details). Terrorism comes in many forms and this is one of them.

Other innocent citizens as my other paper "Zersetzen: 25 Precedents" shows, include a former CSIS employee persecuted because he did not fit within an abusive office clique, a Navy intelligence officer persecuted because he wanted justice for his Aunt, a Journalist persecuted because he refused to spy on his contacts, a man persecuted because the divorced wife of a senior UK official fell in love with him.

The bar for D and D / Zersetzen is very low - see (Ref L) for details.

By now we understand the significant contribution that Edward Snowden and others have made in bringing the extent of Spy agency snooping on the general public to our attention. Were this snooped information on us all simply held in an electronic database and never looked at it would not matter too much (except for privacy). But if it is not going to be used and looked at, then what is the point of assembling this information in the first place?

However as these Snowden leaked documents prove (dirty tricks disclosures, etc.) we know that this snooped information may well be looked at and used by spy agencies who can override the rule of law with impunity and persecute innocent citizens without due process. As I and many other victims have disclosed, these persecutions go far beyond Snowden -- as they also involve use of the normal **Spy Agencies (MI5 / MI6 in UK; CSIS in Canada) and their programs of intimidation, harassment and threats** -- as well as the computer/signals specialists (such as GCHQ, etc.) that Snowden refers to. My Documents include:

1. **Russell Zersetzen**: A detailed account (or listing) on 125 pages of the items of intimidation and harassment that we have received over the years. In a way it's my statement. In the body of this letter are references to those items in the Paper that relate most closely to the matters discussed in the particular Snowden documents that you have asked me to comment on - i.e. email, computers, communications, etc. However, I should mention that the Report itself also includes a description (with itemized evidence) of the full program of *Zersetzen/D and D*, and of the other forms of *surveillance, stalking, intimidation, harassment* that we have experienced, and of the cover up conspiracy to pervert justice. Of these other items over 90 of them are corroborated; some with multiple sources of corroboration. This Paper ("Russell Zersetzen") is the history of the persecution and all the references in this email refer to this Paper - "Russell Zersetzen".
2. **Zersetzen: 25 Precedents**: This additional Paper outlines 25 other cases of Zersetzen against people who like myself have never done anything wrong. You can kick the tyre and check these other peoples' experiences out on the internet for yourself. The process used is remarkably similar, in all cases, to the process described in such detail in the Stasi's documentation (that is summarized at the beginning of this document).

What Mr. Snowden is referring to, and what we continue to experience, is a process of persecution whose stated objectives are to "create cognitive, physiological and affective stress" in their targeted victims. This is not a legitimate security or intelligence gathering function, but a secret police function that is very dangerous for the future of democracy.

Roderick Russell

3/7/14

"It is necessary only for the good man to do nothing for evil to triumph"
Edmund Burke